BIO 111 - Principles Of Life I: Biomolecules, Genetics And Evolution

Module: Evolutionary Biology

Part I: Basics of Evolution

Varsha 2026

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Evolution: change through time

Do species change over time?

Was long believed that all species on earth were created at the same time and that species never change over time

- e.g. Plato (ca. 400 BC) thought that each species was modelled after a 'perfect form', with some deviants

- Erasmus Darwin (1731-1802)

  grandfather of Charles Darwin

  one of the first to propose that species change over time

- George Cuvier (1769-1832)

  palaeontologist

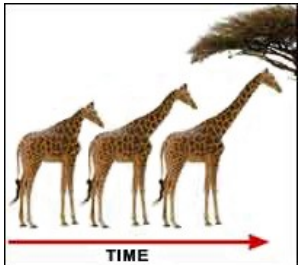
  observed that many species with fossils don't exist any more – *extinctions*

- Jean-Baptiste Lamarck (1744-1829)

  first to strongly argue that species change over time and come up with a theory of how change takes place

  Lamarckism: use & disuse of organs
  inheritance of acquired traits

Argued that giraffes originally had shorter necks. They stretched their necks to feed on vegetation high up a tree and thus their necks got longer. Long necks were inherited by the offspring



- Thomas Malthus (1766-1834)

  Malthusian principle

All species have the potential to create far more offspring than there are resources to support

'*struggle for existence*'

- Charles Darwin and Alfred Wallace

  Exceptionally good naturalists

  Travelled around the world collecting and observing plants and animals

Independently came up with the theory of evolution in the 1850s

Voyage of the *Beagle*: 1831-1836



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Galápagos Islands



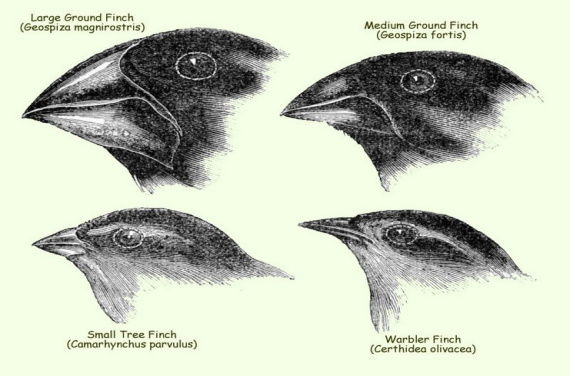
Photo: Wikimedia/ Matthew Field



- Darwin and Wallace observed

variation among individuals within a population of a single species

variation among closely related species



Darwin's finches in the Galapagos archipelago.
Source www.animalcorner.co.uk

Adapted from slides by Merrill Peterson

- They observed that offspring resembled parents – i.e., certain traits are heritable (but they did not have knowledge of Mendelian genetics, which was formulated later)

- Knew what selective breeding in plants & animals could lead to

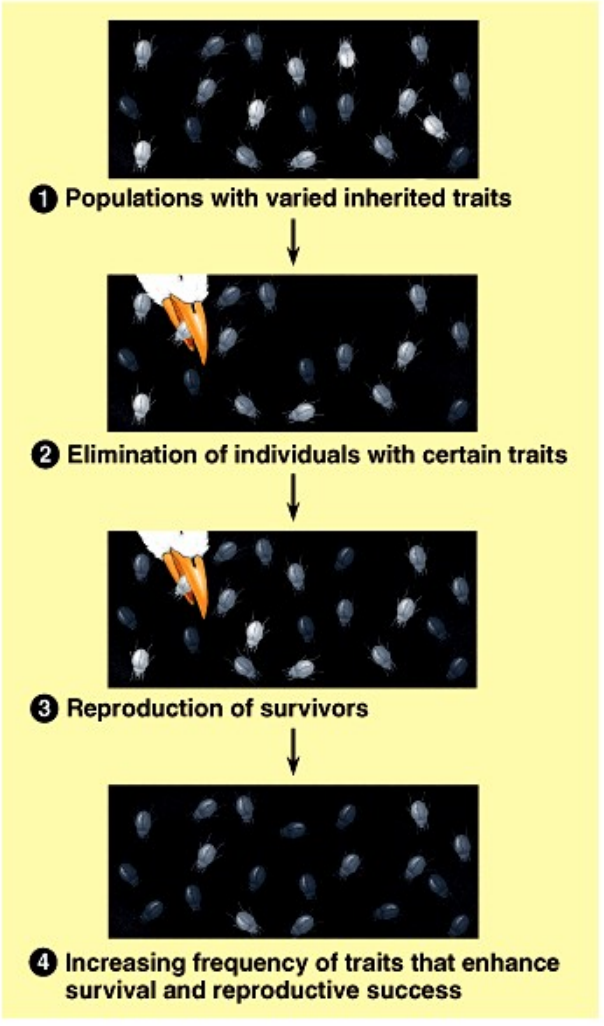
- Knew that many species clearly have certain traits that help them survive in certain environments (i.e. traits affected probability of survival)

Adapted from slides by Merrill Peterson

- Reasoned that not all off-spring survive because of competition for resources (both were inspired by the *Malthusian principle*)

- Individuals which have a trait that helps them survive and reproduce will pass on the traits to their offspring, if the traits are heritable

NATURAL SELECTION



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- Over time, the proportion of individuals with the beneficial trait will increase in the population

- Thus, beneficial traits accumulate in a population over generations

EVOLUTION mediated by NATURAL SELECTION

Wallace and Darwin independently came up with this theory. Darwin's famous book '*On The Origin of Species by Means of Natural Selection*' was published in 1858

Descent with Modification: idea that new species are the modified descendants of older (ancestral) species

Argued that ALL species had descended from one or a few original types of life through natural selection

(We will discuss in a future lecture how selection can lead to origin of new species)

- **Evolutionary changes are heritable changes**, i.e., those that are transmitted via genetic material from one generation to another

- **Evolution is change in inherited traits of a population across successive generations**

Trait variation – broad term about differences among individuals in a particular trait

- Consider two types of trait variation - *continuous* and *categorical**
- E.g of Continuous: Height, Weight

  E.g of Categorial:
  - Tall/Short (when we classify individuals in a group under these categories)
  - Flower colour in a plant species that has only red, white and pink flowers

  When variation in a particular trait is categorical, these categories can be called **trait variants**

* For the sake of simplicity, we consider only two types of trait variation here. However, data can be classified into multiple types

- Selection is by the environment

- Remember that the environment includes both the biotic and abiotic components

Reflection point

- In the example of the insects being predated upon by a bird, what component(s) of the environment select(s) for insect colour?

Individuals do not evolve; Populations evolve

We can also say that traits (or phenotypes) of populations evolve



Tree illustrations from http://clipart-library.com

E.g. In a particular island population of a palm trees species, taller trees are more likely to die due to wind damage.



Over several generations, shorter tree height could be favoured, and the proportion of short trees may increase, leading to a change in the **average tree height of the population**. Thus, the **tree height of the population has evolved.**

- Traits (phenotypes) are determined by one or more genes.

- An *Allele* is a variant of a gene.

Allele frequency: Number of copies of allele/Total number of copies of all alleles of the gene

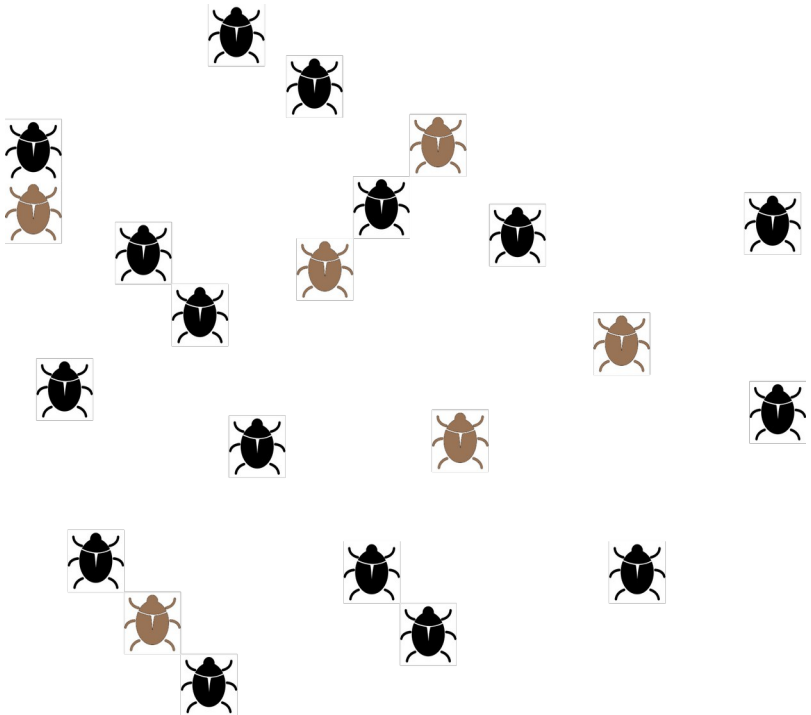
Phenotype/Trait frequency: Proportion of individuals in a population with a phenotype (or trait, or trait variant)

Consider a hypothetical haploid insect species with two colour morphs (or colour 'types'). Colour in this species is determined by a particular **gene** with 2 variants. Each variant has a unique DNA sequence. The variants are the '**alleles**' of that particular gene. Individuals with the first allele are black – lets call this allele *BL*. Ones with the second allele are brown – lets call this allele *BR*.

BL : '…….ATGGATCACTTGGAG…….'

BR: ' …….ATCGATCACTTGGAG…….'

The insect lives in a habitat dominated by brown sand that matches the colour of the *BR* allele phenotype. What happens to allele frequencies if predators selectively feed on black ones?



Frequency of *BL*: 16/22 = 0.727 (72.7%)
Frequency of *BR*: 6/22 = 0.273 (27.3%)

Here, the frequency of *BR* allele is the same as the brown phenotype

After some generations of selection, the frequency of the *BR* allele (and brown phenotype) will increase and may even reach 1.

Reflection point

- In a graph, plot the expected change in allele frequencies over time

Evolution results in changes in allele frequencies in populations

Evolution can be defined as 'change in the *frequency of alleles* within a *gene pool* from one generation to the next'

A gene pool is the total collection of genes in a population at any time point

When allele frequencies of a gene change, the frequencies of phenotypes/traits controlled by the gene also change.

Therefore, the previous definition of evolution - *change in inherited traits of a populations* – is compatible with the one based on allele frequencies

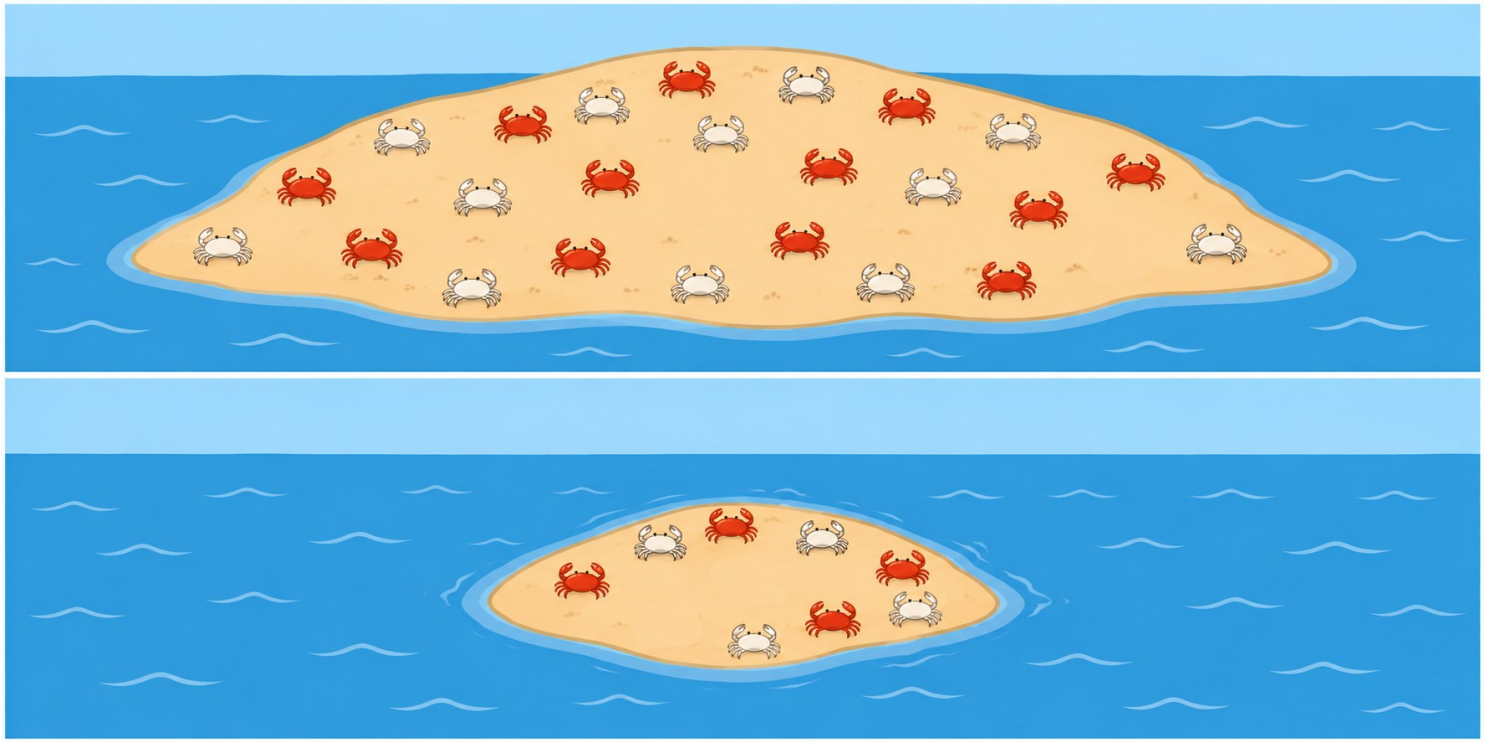


Image generated through ChatGPT

In this example, an island has a crab species with two colour morphs. Over the course of time, the area of the island decreased due to a rise in the sea level. The population size of a crab decreased, but the proportions of the colour morphs (50:50) remain unchanged.

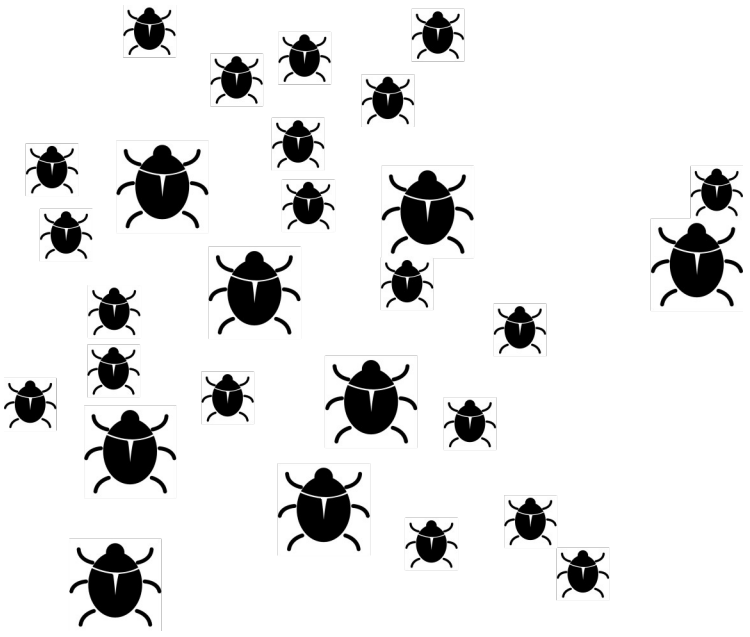
A change in population size is not a necessary component of evolution.

A population can change in size over time, but retain the same allele frequencies. In this case, the population has not evolved.

On the contrary, allele frequencies may change without a change in population size. In this case, the population has evolved.

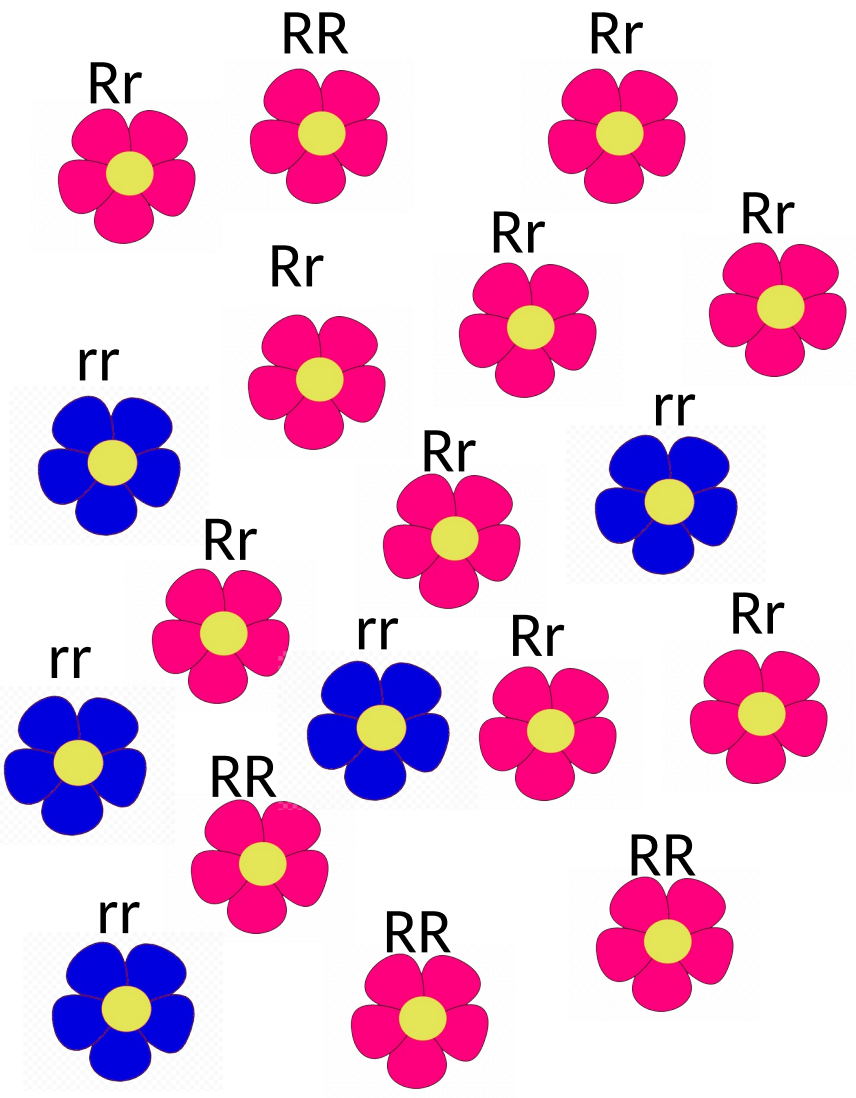
In nature, however, there is usually an upper limit on population size because of resource constraints

In this insect species, there are two morphs (types): small and large. Size is determined by a single gene. On average, the large morph has higher **fecundity.** **Fecundity=Total number of offspring**



Even if both morphs survive equally well, it is expected that the larger morph will become more frequent (common) in the population

Thus, *a trait may evolve through selection even without differences in survival*



In a population, flower colour is determined by a gene with two alleles, R and r. RR and Rr genotypes code for pink flowers, while rr codes for blue flowers

Allele frequency of R: 17/36 = 0.472
Allele frequency of r: 19/36 = 0.528

Phenotype frequency of Pink: 13/18 = 0.722
Phenotype frequency of Blue: 5/18 = 0.278

Reflection point

- Assume that pollinators prefer blue flowers. What do you expect will happen to flower colour and allele frequencies?

Fitness

Related to **Fecundity & Survival**

- ***Evolution favours traits (or trait variants) that increase fitness***
- Consider individual 'A' – small, frail and diseased. It produces an offspring before death and the offspring goes on to reproduce. Consider another individual 'B' – strong, large and free from disease, but does not reproduce.

'A' has higher *fitness* from the point of evolution.

A trait or a trait variant can enhance fitness by

improving survival

and/or

increasing fecundity

An individual cannot reproduce if it cannot survive until reproduction.

If *trait variant A* confers higher fitness compared *trait variant B*, *A* is said to have higher fitness.

Therefore, selection favours *traits/phenotypes/trait variants* that have higher fitness.

Similarly, selection favours *alleles/genotypes* that have higher fitness.

Adaptation

An adaptation is a **trait that helps an organism to maintain or increase fitness in *a given environment***.

Adaptations are the result of past selection pressures

Adaptations are not perfect

Evidence for evolution: Darwin's finches

Rosemary and Peter Grant have followed Darwin's finches in the Galápagos island Daphne Major for decades

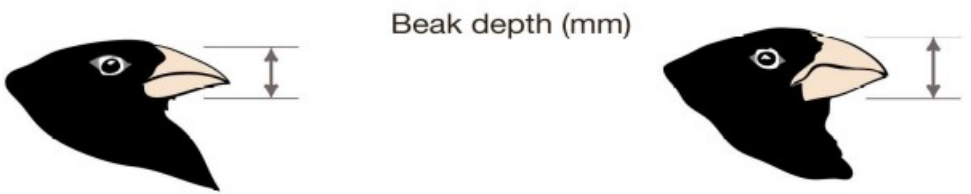
- **Droughts:** higher proportion of larger seeds

- **Normal rains:** higher proportion of smaller seeds

Geospiza fortis (Medium ground finch)



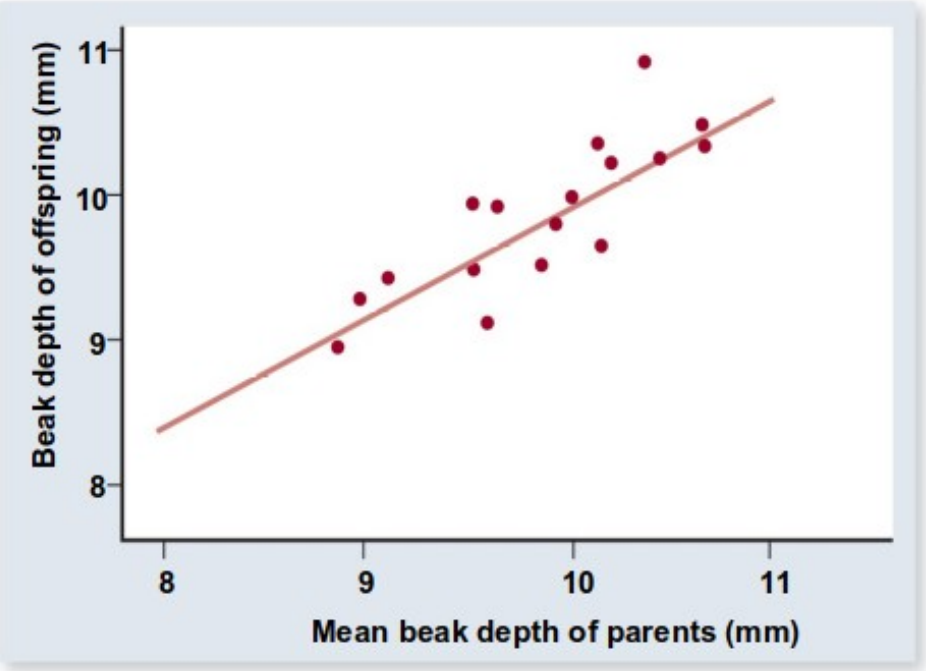
Small beak depth: pointed
Large beak depth: blunt



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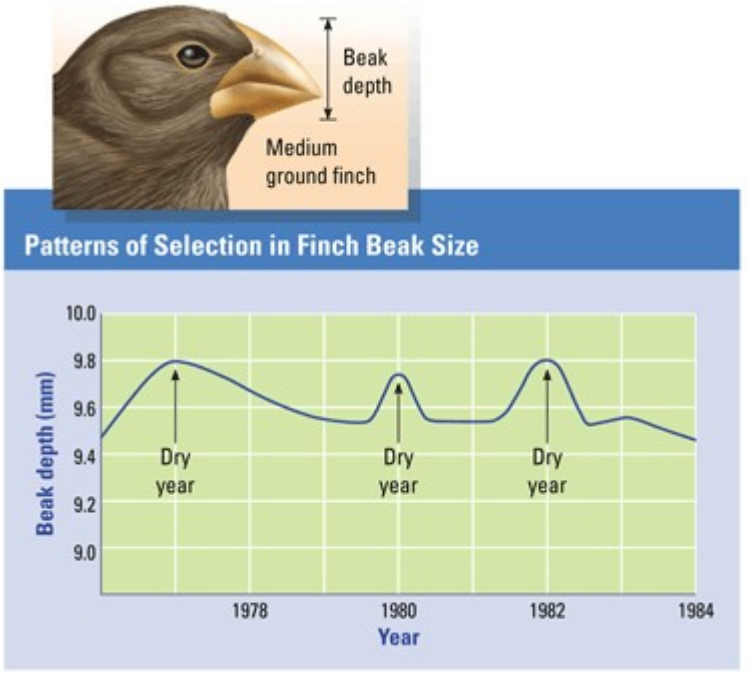
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The figure plots beak depths of multiple offspring and their parents. Each red dot represents i) beak depth of an offspring on the y axis, and ii) average beak depth of its parents on the x axis. The straight line depicts the overall trend.



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We can conclude that there is a correlation between offspring and parent beak size, which in turn indicates that **beak size is heritable**



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https://bodell.mtchs.org/OnlineBio/BIOCD/text/chapter14/concept14.4.html

- Beak depth varies across years, and is greater during the dry years.
- Strong evidence for evolution by natural selection